

[GREEN LIST]

WHAT IS THE GREEN LIST?

Customers have the right to know which fish are high in mercury. Oceana has asked grocery stores to post signs with the FDA advice for mercury at the seafood counters. Several stores have responded and have taken action to educate their customers. These stores have made the Green List. Companies on the Red List have received requests from Oceana to hang signs about the FDA advice but have refused to do so.

WHY DO WE NEED A LIST?

The FDA has said that women of child-bearing age and children should not eat shark, swordfish, king mackerel and tilefish, and should limit consumption of albacore tuna and tuna steaks to 6 oz a week, yet many people are not aware of this advice. Posting signs where people buy fish would help consumers make informed decisions about what to eat and feed their families.

Acme
Albertsons*
Carrs
City Market
Dillons
Dominick's
Food-4-Less
Foods Co.
Fred Meyer
Fry's
Genaurdi's
Gerbes
Harris Teeter
Hilander
Jay C
Jewel-Osco

King Soopers
Kroger
Owen's
Pay Less
QFC
Randalls
Safeway
Shaw's
Smith's
Star Market
Tom Thumb
Trader Joe's
Vons
Whole Foods
Wild Oats

[RED LIST]

A & P
Albertsons**
ALDI
Bell Markets
Cala Foods
Copp's
Costco
Cub Foods
Farm Fresh
Farmer Jack
The Food Emporium
Food Lion
Giant
Giant Eagle
Hannaford Bros.
Harveys
HEB
Hy-Vee
IGA
Ingles

Meijer
Pathmark
Pick 'n Save
Price Chopper
Publix
Rainbow
Sam's Club
Sav-a-Center
Save-A-Lot
Schnucks
Shoppers
ShopRite
Stop and Shop
Super Fresh
Tops Markets
Waldbaum's
Wal-Mart
Wegmans
Weis
Winn-Dixie



*Albertsons in S. CA, ID, NV, OR, UT and WA post the FDA advice

**Albertsons in N. CA, AZ, CO, FL, LA, OK and TX do not post the FDA advice